

# How the Pandemic Altered Americans' Debt Burdens and Retirement Readiness



Olivia S. Mitchell

The Wharton School of the University of Pennsylvania  
with Andrea Hasler and Annamaria Lusardi, GW School of Business

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# Motivation:

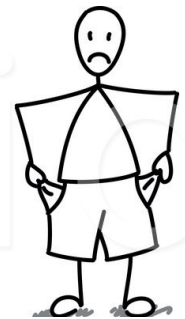
- Access to credit easier & more widespread:
  - Credit cards,
  - Floating and subprime mortgages,
  - Student loans,
  - Online apps,
  - Payday loans, rent-to-own, etc.
- Borrowing decisions increasingly in individuals' hands.
- Rising complexity of financial decisions and products.
- Failure to repay debt has consequences: bad credit scores, default, bankruptcy.



# Pre-COVID-19, we found that:

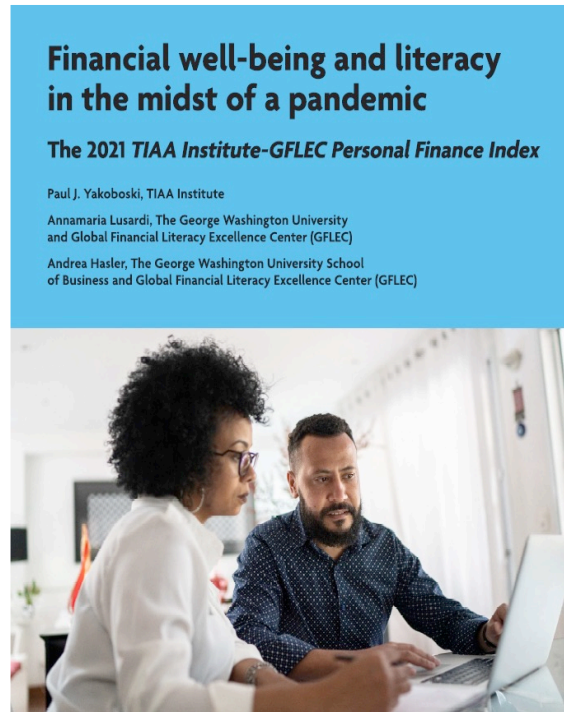
- About 1 of 3 families were *financially fragile*, i.e., could not face an emergency expense.
- A majority of Americans (61%) had not tried to figure out how much to save for retirement.
- Over time, more older people have carried debt into retirement.

→ What about during the pandemic?



# Our Dataset: the Personal Finance (P-Fin) Index

An annual barometer of knowledge and understanding to enable sound financial decision-making and effective management of personal finances among U.S. adults.



TIAA Institute

GFLEC  
GLOBAL FINANCIAL LITERACY  
EXCELLENCE CENTER



The P-Fin Index is based on 28 q's about 8 personal finance areas:

- |              |                              |
|--------------|------------------------------|
| 1. Earning   | 5. Borrowing                 |
| 2. Saving    | 6. Insuring                  |
| 3. Consuming | 7. Comprehending risk        |
| 4. Investing | 8. Go-to information sources |

We also have the Big Three questions on Financial Literacy.

→ *Def.* Financial literacy: the ability to understand and process economic information.



# Financial Literacy Measures we pioneered for the Health & Retirement Study (HRS) now in global use: *(Lusardi Mitchell 2007)*

- US: National Longitudinal Survey of Youth (NLSY); Rand American Life Panel (ALP); US Treasury/ FINRA survey on financial capability; Understanding Americans Study (UAS); TIAA P-Fin Index.
- Many others including the Netherlands; Germany; Italy; Russia; Mexico; Sri Lanka; Chile; global PISA test for HS kids.



# Financial Literacy: The “Big Three”

Interest Rate: Let's say you have \$100 in a saving account paying 2% interest/year. How much would you have in the account at the end of 5 years?

<\$102; =\$102, >\$102; DK; refuse

Inflation: Imagine that the interest rate on your savings account was 1% per year and inflation was 2% per year. After 1 year, with the money in this account, would you be able to buy: > today, = today;

< today

Risk Diversification: True or false? Buying a single company stock usually provides a safer return than a stock mutual fund.

# Why these questions?

- 4 goals: simplicity, relevance, brevity, and capacity to differentiate.
- Measure knowledge of the key building blocks for financial decision-making in an intertemporal setting (simplicity).
- Relate to concepts pertinent to peoples' day-to-day financial decisions over the life cycle (relevance) and capture general rather than context-specific ideas.
- Few in number to secure widespread adoption (brevity) and to differentiate across peoples in terms of their financial knowledge (capacity to differentiate).





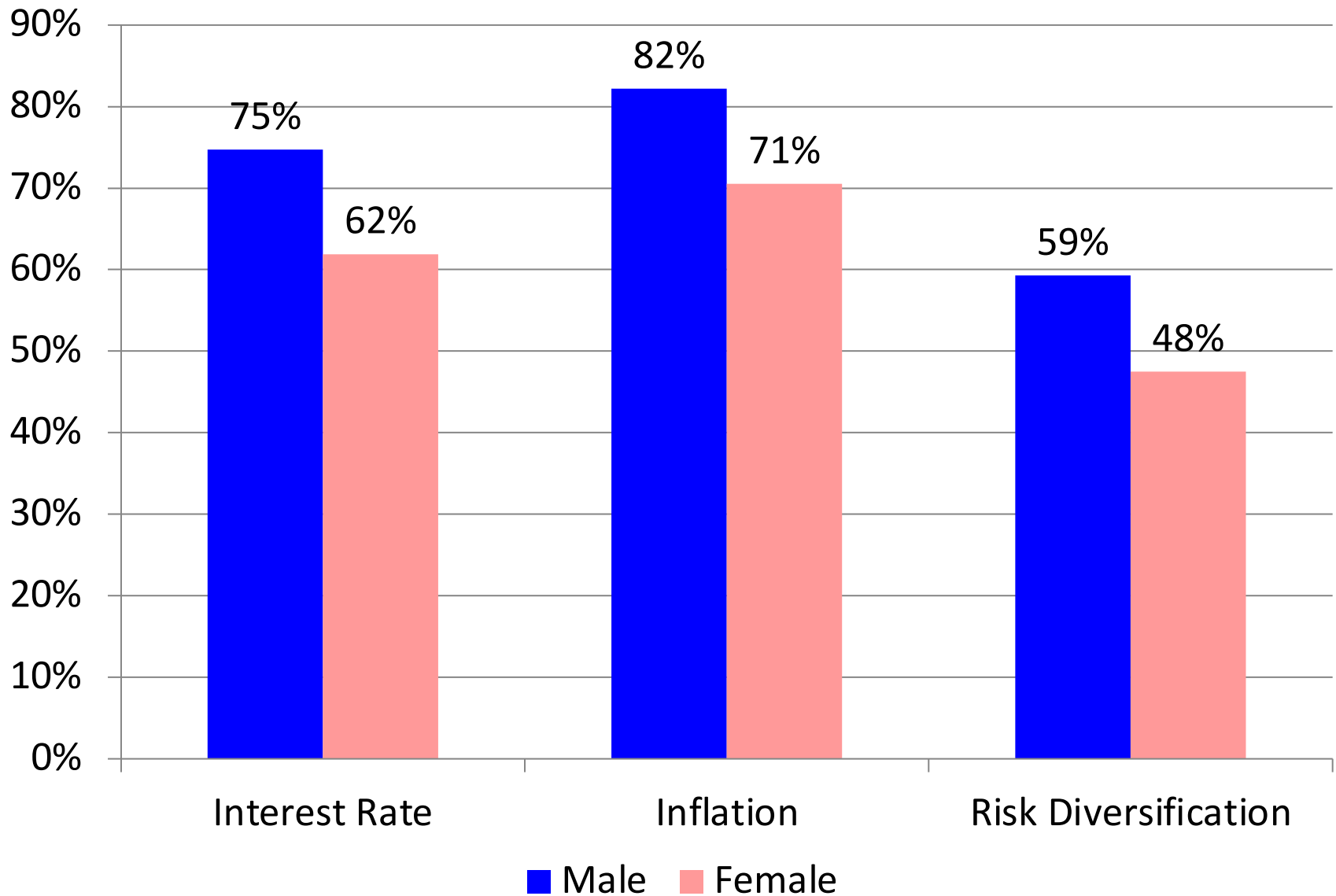
How much do older people (age 50+) know (*HRS*)?

|                | Responses      |                  |           |               |
|----------------|----------------|------------------|-----------|---------------|
|                | <i>Correct</i> | <i>Incorrect</i> | <i>DK</i> | <i>Refuse</i> |
| Interest rate  | 67.1           | 22.2             | 9.4       | 1.3           |
| Inflation      | 75.2           | 13.4             | 9.9       | 1.5           |
| Risk diversif. | 52.3           | 13.2             | 33.7      | 0.9           |

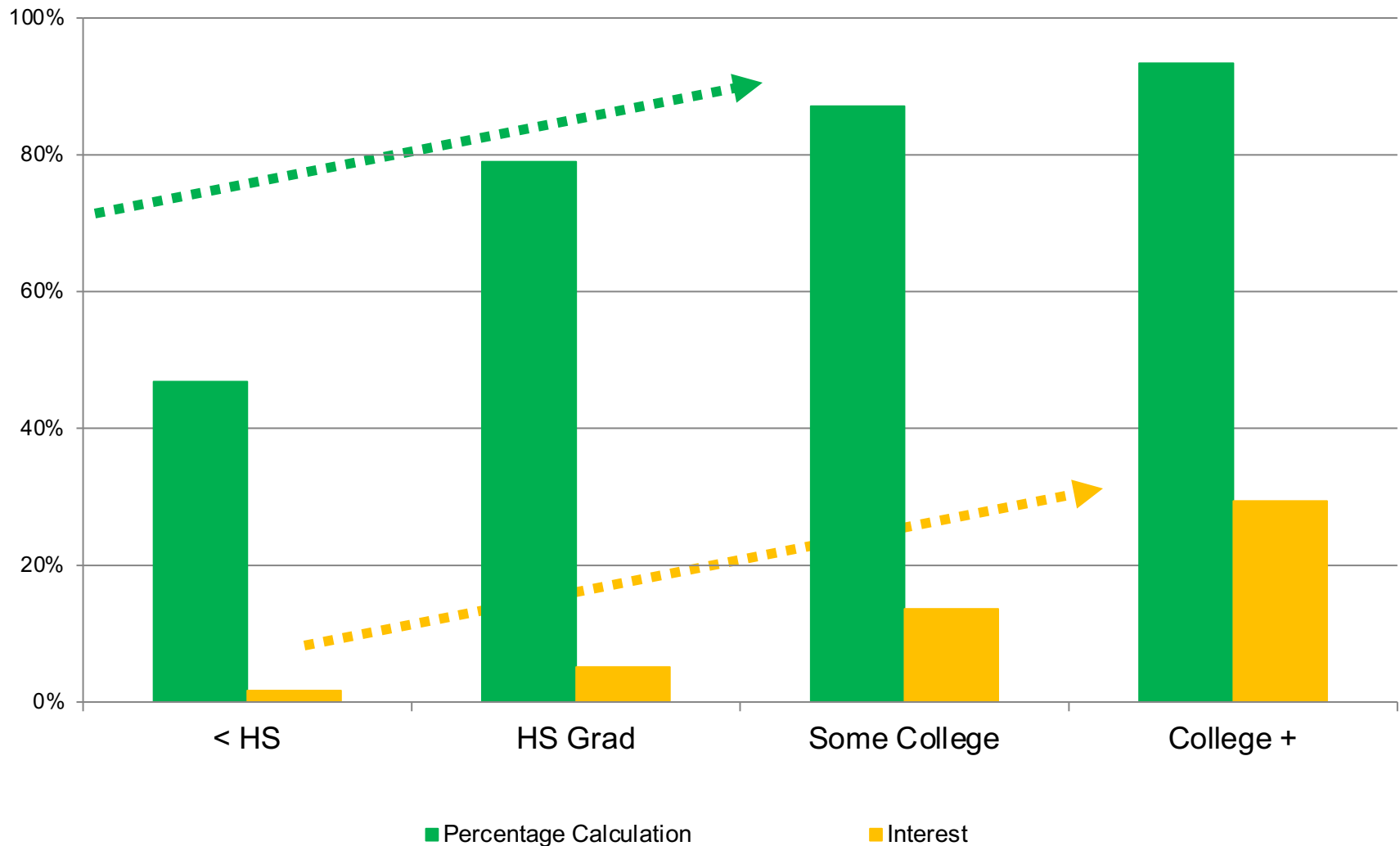
NB: Only **ONE THIRD (34%)** answer all 3 questions correctly;  
only around **HALF (56%)** answer the interest rate and inflation  
questions correctly.



## % Correct by sex (HRS)

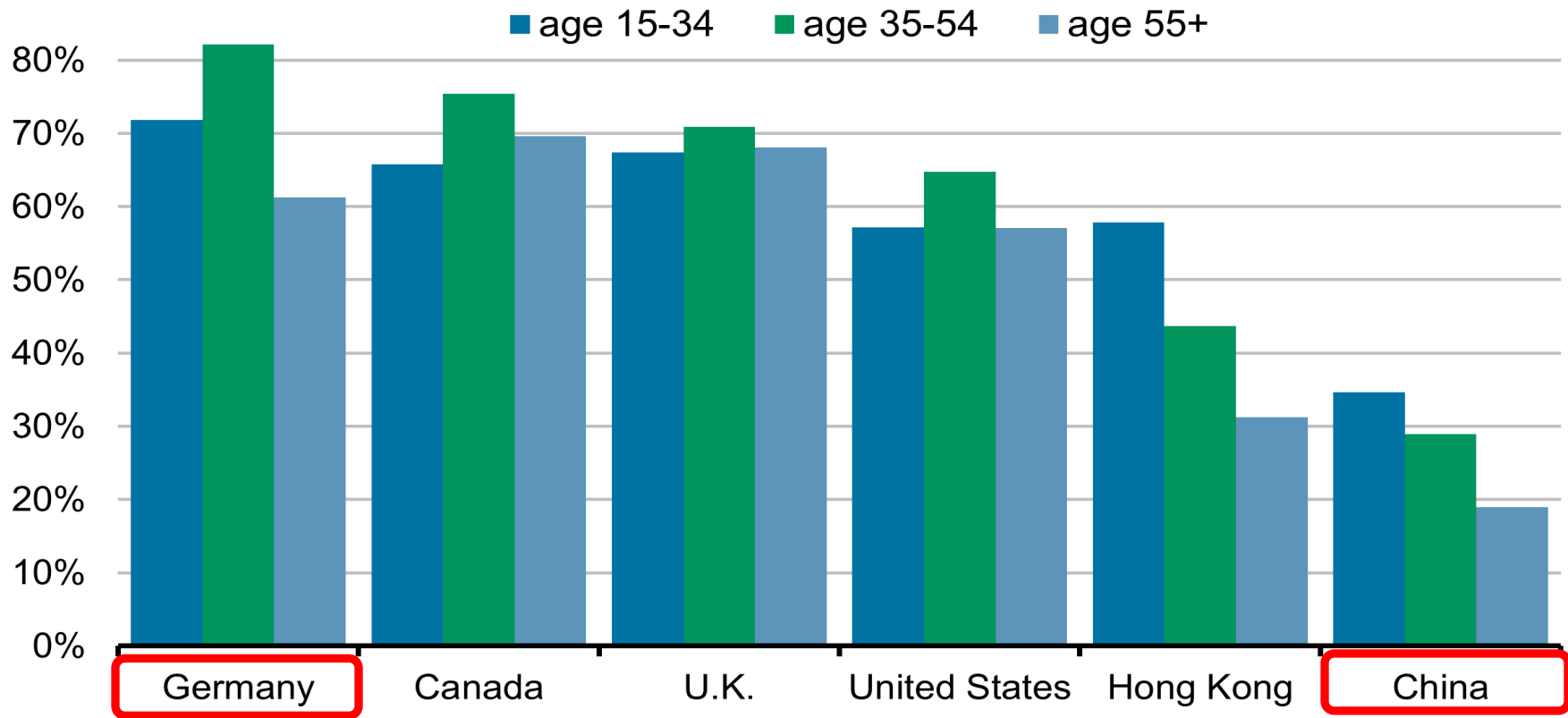


## % Correct by education (*HRS*)



# Financial Literacy around the World

Percent of people within each age group, for select countries, who could correctly answer questions on three of four topics: inflation, interest, compounding and risk diversification.



Source: Standard & Poor's Ratings Services Global Financial Literacy Survey | WSJ.com

## Next...we measure who is debt-constrained?

*“Debt and debt payments prevent me (and my spouse/partner) from adequately addressing other financial priorities.”*

1 = “Strongly agree”  
2 = “Somewhat agree” } Debt-constrained

3 = “Neither agree nor disagree”

4 = “Somewhat disagree”

5 = “Strongly disagree”

*“Don’t know” and “Refuse to answer.”*



# And who is retirement ready?

*“Have you (and your spouse/partner) ever tried to figure out how much you need to save for retirement?”*

1 = “Yes”  Retirement ready

2 = “No”

*“Don’t know” and “Refuse to answer.”*

*“Do you (and/or your spouse/partner) save for retirement on a regular basis?”*

1 = “Yes”  Retirement ready

2 = “No”

*“Don’t know” and “Refuse to answer.”*

# What we learn:

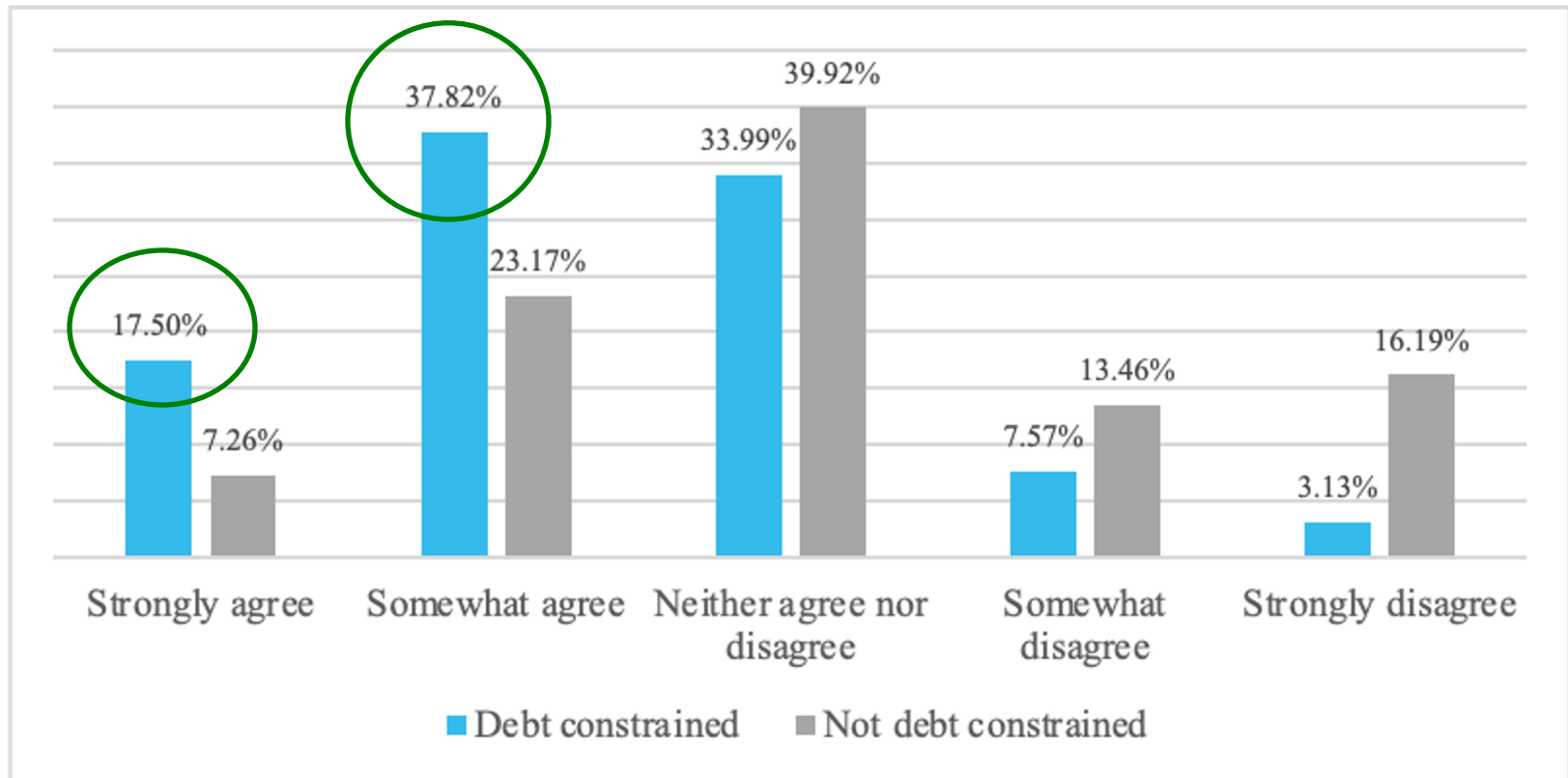
- Almost a third (31%) debt-constrained (in 2020 & 2021).
- Prime-age (30-44) most debt-constrained due to mortgages, student loans, childcare costs.
- Blacks and Hispanics more debt-constrained (35-45%) than Whites (26-27%).
- The least-educated most debt-constrained (<HS 48% vs Coll+ 25%).
- Most financially literate less debt-constrained than the financially illiterate (70% vs 43%).

# And retirement readiness?

- Across both years: Fewer (26-31%) debt-constrained respondents planned for retirement vs non-debt-constrained (47-49%).
- And among nonretirees: Fewer (41-43%) of debt-constrained saved for retirement, vs not-debt-constrained (74-76%).



## Post-pandemic, more seeking financial literacy!



Source: Authors' calculations using the 2020 and 2021 TIAA Institute-GFLEC P-Fin Index.

People more motivated to boost financial knowledge, especially the debt-constrained respondents.

## Conclusions:

- Vulnerable groups struggled most with debt burden during the COVID-19 pandemic.
- The pandemic did not increase peoples' debt burdens, due to federal relief efforts.
- Financial knowledge essential for managing debt and building retirement security.
- The pandemic did motivate people to boost financial literacy, especially if they were debt-constrained.

➔ Financial literacy an essential skill for the 21<sup>st</sup> century!

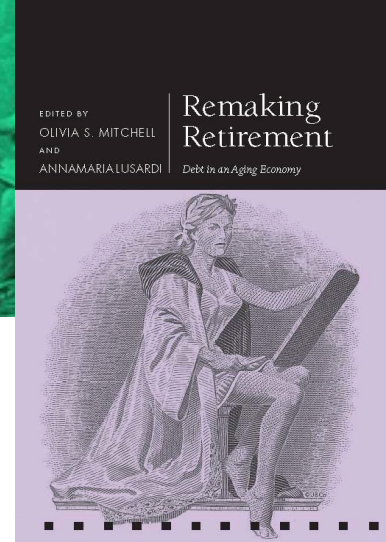
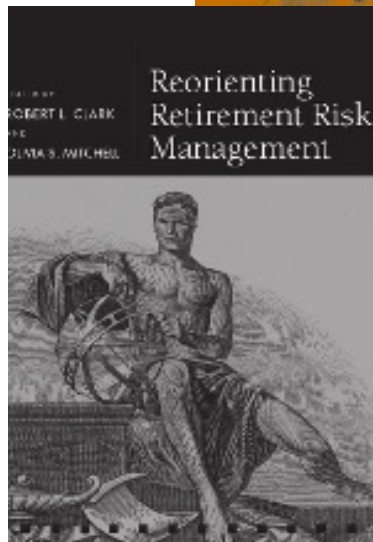
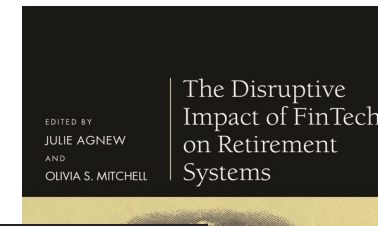


# Thank you!

- *For more information:*

Wharton's Pension Research Council:

- <http://www.pensionresearchcouncil.org/>



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