

Canberra Centenarians

Statistics, Science and Stories of Living to 100 in the National Capital

As Canberra celebrates its Centenary, more residents of the national capital can look forward to celebrating their 100th birthday. **The ACT Division of the Australian Association of Gerontology** (AAG) invites you to this Forum as its contribution to Canberra's Centenary. The Forum will showcase the latest research in population ageing and examine how the character of the national capital is changing as it ages. It will recognise Canberra's most long-lived citizens and raise awareness of how we can all age well.

The Forum brings together leading researchers who are involved in ageing research and centenarian studies in Australia and internationally. These expert speakers will present material in ways that will bring leading research to a wide professional and community audience, and you can join in the Q&A session on "Will we live as long?" The Forum also features video portraits of five Canberra citizens reflecting on their very long lives and a selection from Portrait 100, the ACT Office for Ageing Seniors' Photographic Competition.

WHEN?	Friday August 2nd, 2013, 9 am - 5 pm	
WHERE?	Barton Theatre, Crawford School of Public Policy	
	Building 132, Lennox Crossing, ANU	
HOW MUCH?	AAG Members	
	Full \$85, Concession \$45 (students/seniors)	
	Non-members	
	Full \$125, Concession \$85 (students/seniors)	
	Registration Includes morning tea, lunch and closing	
	reception. All prices include GST.	
	Early Bird until July 19 th , add \$10 after July 19 th	
REGISTER	www.aag.asn.au/events or registration form over	

The AAG thanks the following sponsors for their support of this Forum











Time	Session	
8.30-9.00	Registration	
9.15-9.40	Forum Opening and Welcome to Country	
	Dr Chris Hatherly, President AAG ACT Division	
	Professor Tom Kompass, Crawford School of Public Policy, ANU	
	Mrs Agnes Shea, Ngunnawal Elder	
	Video Portrait 1	
9.40-11.10	Session One: The Statistics on Centenarians	
	Chair: Dr Chris Hatherly	
	Bjorn Davis, Director of Demography, Australian Bureau of Statistics	
	A century of centenarians: Living to 100 in the ACT	
	Associate Professor Heather Booth, Australian Demographic and Social Research Institute, ANU	
	The prospect of the century	
	Professor Peter Whiteford, Crawford School of Public Policy, ANU	
	Implications of extended longevity for retirement income security	
	Video Portrait 2	
11.10-11.30	Morning Tea	
	Session Two: The Science. What makes for healthy brains in healthy bodies at 100?	
11.30-1.00	Chair: Professor Kaarin Anstey, Centre for Research on Ageing, Health and Wellbeing, ANU	
	Professor Perminder Sachdev, Scientia Professor of Neuropsychiatry, University of NSW	
	The Australian Centenarian Study: Healthy Brains at 100	
	Professor Robyn Richmond, School of Public Health and Community Medicine, University of NSW	
	The Australian Centenarian Study: Healthy Bodies at 100	
	Professor Julie Byles, National President, AAG and Centre for Gender and Ageing, University of Newcastle	
	Advanced old age as a field for research	
	Video Portrait 3	
1.00-2.00	Lunch	
2.00-3.30	Session 3: The stories of living to 100	
	Chair: Anna John, Office for Ageing & Concessions, ACT Community Services Directorate	
	Video Portrait 4	
	Dr John McCormack, School of Health Sciences, La Trobe University	
	Registering long lived Australians on the International Database on Longevity	
	Q&A Will we live as long?	
	Moderator: Dr Anna Howe	
	Comments from a Panel of speakers on differences between the lives of long-lived seniors and our lives today that will affect our longevity, followed by questions from audience	
	members and answers from the Panel	
	Video Portrait 5	
3.30-4.00	Forum Close	
	Professor Hal Kendig, Centre of Excellence in Population Ageing Research, ANU	
	Mr Shane Rattenbury, MLA. ACT Minister for Ageing	
4.00-5.00	Reception with Centenary Champagne and Canberra 100 Macaroon Cake	

About the Forum

As the AAG ACT Division's contribution to Canberra's Centenary Celebrations, the Forum addresses the aims of Canberra 100 by:

- Instilling pride in the achievements of Canberra researchers and others who have contributed to our understanding of ageing.
- Engaging with the community by bringing together members of the research and scientific community, the health and aged care community, Canberra seniors' organizations and individual seniors, and residents of all ages.
- Recognizing Canberra's most long lived citizens and their contributions to Canberra over their long lives.
- Showing how the character of Canberra is changing from a younger to an older community.
- Contributing to Canberra's legacy as a high profile, scientific event, that will be recorded through the Australian Association of Gerontology.
- Raising awareness of our future as older members of the community and how
 we can age well, achieving the best possible physical and mental health as
 we age.

Registration

Online registrations available. Visit: www.aag.asn.au

HOW TO REGISTER

Online at: www.aag.asn.au Email: enquines@aag.asn.au	
Post: Suite 8, 322 St Kilda Road, St Kilda, Vic 3182	
For more information, please contact: Savio D'sa,03 99398344.	
Canberra Centenarians: Statistics, Science and Stories of Living to 10)0 in the National Capital
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EVENT PRICING (EARLY BIRD CLOSES 19 J	ULY - ADD \$10 AFTER)
S85 for AAG Members	\$55 for AAG MembersStudent/ Concession
\$115 for Non-Members	\$85 for Non- Members Student/ Concession
Corporate Membership entitles two staff members to attend at the member rate.	
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Please note that information you provide will be collected for the purposes of processing your registration and recording your attendance. The AAG may also use this information to provide you with information in relation to future programs which may be relevant to you.	The AAG reserves the right to alter this program or presenter(s) without further notice, however the program is intended to run as advertised. AAG reserves the right to cancel this activity due to insufficient numbers – registrants will be profitted if this occurs and credit (seminar value) will be carried forward to a

Please tick this box if you are not interested in receiving information.

Photographs may be taken at the event for use on various AAG materials and publications, online and print. By registering for this event, you consent to the AAG photographing and using your image and likeness. If you would not like the AAG to photograph you please let the AAG representative know at the event.

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