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Emerging Researchers in Ageing Investigate Pathways to Ageing Well at 2016 Conference

This year the 15th Emerging Researchers in Ageing (ERA) Conference, running from 31 October to 1 November, will showcase over 50 presentations from Honours and PhD students from 20 national and international universities.

With a multi-disciplinary focus the presentations at this year's conference will cover a broad spectrum of ageing related topics, including dementia, nutrition, social relationships, service use, health and physical activity, practitioner perspectives, and psychological, neurological and biological aspects of ageing.

Some of the interesting research being presented includes:

- Ageing well as an autistic adult in Australia (Ye In Hwang, UNSW)
- Prevention of suicide among nursing home residents: Recommendations from expert and stakeholder panels (Briony Murphy, Monash)
- Who eats well? The meal patterns of older Australians living in one-person household in the ACT (Elizabeth Lay, University of Canberra)
- Preventing falls amongst older Aboriginal people: Development and pilot evaluation of the Ironbark project (Caroline Lukaszyk, University of Sydney)

This is the only Australian conference to focus exclusively on the work of higher degree research students undertaking research in ageing.

The <u>ERA Network</u> provides forums for mentoring and discussion, and disseminates information relevant to the ageing research field.

It is based at Monash University and is supported by the <u>ARC Centre for Population</u> <u>Ageing Research (CEPAR)</u>. The 2016 conference is hosted by the <u>Centre for Research on Ageing, Health & Wellbeing (CRAHW)</u> at ANU.

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